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From Grouchy To Great: Finding Joy In The Journey Of Motherhood



Synopsis

All of us as moms, struggle to keep it all together sometimes. The battle for Jesus to reign in our hearts and through our emotions is a fight we all face every day. The good news is that we don't have to battle alone. This is a resource filled with real life stories to strengthen and encourage you that the battle can be won by God's grace and wisdom.

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Customer Reviews

I'm a mom of two, and am very hard on myself. I went through post partum depression and since have just been grouchy. I turned into a mom who yells, a mom who used my phone to escape reality, an ungrateful mom and wife who felt as though I had no purpose. I hated myself for a long time. I recently met a friend who I became close with quickly. I opened up to her (by accident as I'm very private), and she prayed with me. I had never had a friend pray with me. She helped me realize what was missing in my life...God. That night I went onto hoping to find a self help book that would

actually relate to me, and here we are. This book is amazing! Every chapter I read, I thought to myself, "the person writing this, wrote it for me. I am her." I could relate to almost everything these women were saying in some way, and it was helping. You cannot read this book without a Bible beside you which made it even better because I've never read the Bible. Yes, I've been going to church since I was an infant, but I've never actually sat down to read the Bible. Now, because if this book, I'm addicted to it. Reading and knowing that I'm not the only one going through these struggles was a release. Their stories and advice truly helped me. I'm still grouchy and ungrateful from time to time but I'm working on it, praying for help, and learning to forgive myself which is HUGE! If you are a grouchy mom, stuck in a rut, feel lost or hopeless or just plain hate the mom you've become...read this book! Do it for you and your beautiful family.

This book gives many practical ways to develop the grace and self-control needed for daily family life. The authors address the frustrations that most moms experience day to day, and they provide methods for dealing with those frustrations in a Christ-like way.

This book was a great encouragement with some good practical tips on managing emotions and making the most out of motherhood.

The writing a message in this book is awesome. Just love it. A message that I, and I think most moms, really need. I love that the many authors give us so many different perspectives on the same problem. I gave it four stars because the kindle version that I downloaded is not formatted for highlighting or notes, which makes it really hard to teach from. Other than that, I loved this book.

It's like Ruth knows what I'm dealing with and tries to put it into perspective. I needed this book.

Knowing you are not alone as you navigate the waters of motherhood is so necessary. This book in often comical ways had me examine myself in a nonjudgmental manner. For that, I'm so grateful. Highly recommend this for the God fearing woman needing encouragement and a gentle nudge.

I stumbled across this devotional at the perfect time in my life! I can definitely relate to every single topic shared in this daily devotional. Highly recommend to moms who find themselves struggling to find the Joy in the mundane tasks and obstacles of motherhood. LOVED IT and it has really helped me so much!!!

Great deal

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